

## Primary Care Secondary Prevention



An opportunity to host a free of charge Consultant Cardiologist-led Cardiovascular service to help achieve QOF and NICE guidelines and improve Patient Outcomes.

### Why PCSP?

- ♥ The NHS Long-term Plan identifies improving the management of cardiovascular disease (CVD) as a top priority;
- ♥ CVD is one of the main causes of death and disability in the UK;
- ♥ Lifestyle changes such as change in diet, reduction in alcohol, cessation of smoking, daily exercise and weight loss may help reduce patients' CVD risk. There are also a range of medications available to assist in reducing an individual's CVD risk;
- ♥ Ensuring patients are informed about their lifestyle choices and treatment options is an important part of reducing the risk of CVD events.

### PCSP is:

- ♥ A specialist-led service;
- ♥ Delivered within your practice premises;
- ♥ NOT a drug switch programme, despite funding being made available from the pharmaceutical industry.

- ♥ Currently delivered via teleconsultations to ensure patients can stay home, protect the NHS and save lives



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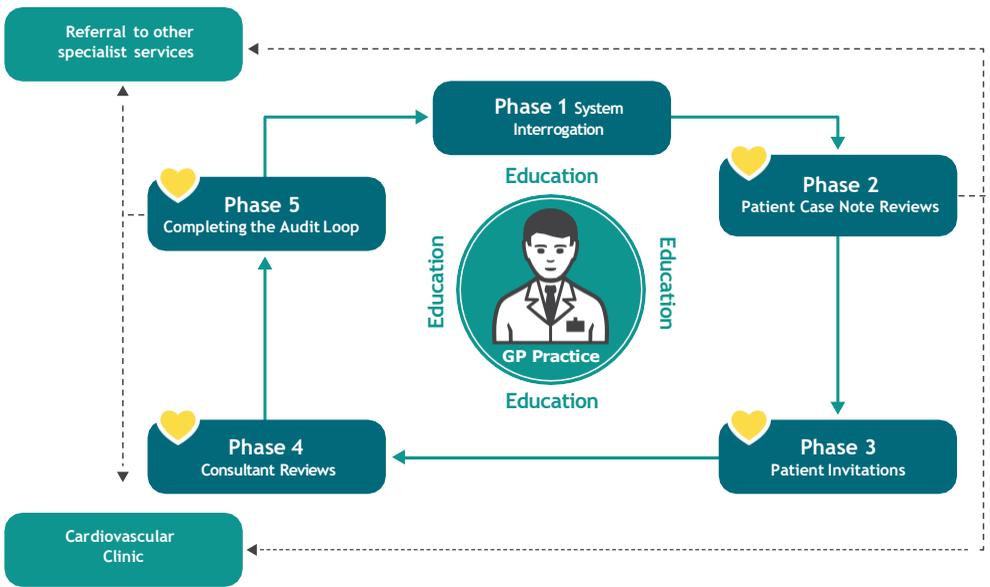


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If you are interested in hosting the FREE PCSP service in your practice please: Email: [info@inspira-health.co.uk](mailto:info@inspira-health.co.uk) Call: 0330 1330 798  
Or visit: [www.inspirahealth.co.uk](http://www.inspirahealth.co.uk)



### Phase 1 – System Interrogation

- ♥ Running bespoke queries on GP practice clinical system.

### Phase 2 – Clinical Audit

- ♥ Comprehensive case note review of patients with cardiovascular disease;
- ♥ Assessing current management and compliance with NICE guidelines (CG181).

### Phase 3 – Patient Invitations

- ♥ Systematic patient invitation.

### Phase 4 – Consultant Reviews

- ♥ Specialist-led clinics hosted within your practice premises;
- ♥ 1-1 clinical education with a specialist;
- ♥ Optimising treatment and management of high risk cardiovascular patients.

### Phase 5 – Completing the Audit Loop

- ♥ Ensuring that recommendations have been carried out;
- ♥ To demonstrate best practice and local guidelines have been enacted;
- ♥ To provide a pre and post-PCSP report.

### You will receive a number of benefits hosting the PCSP service, including:

- ♥ A significant improvement in the quality of your Cardiovascular disease registers;
- ♥ Achieving improved QOF indicators, thresholds and income;
- ♥ Increased knowledge, awareness and confidence in current evidence-based treatment strategies for Cardiovascular disease (NICE CG181);
- ♥ More patients accessing specialist advice/treatment for managing Cardiovascular disease; and therefore reducing the incidence of Cardiovascular events within the practice population.

For more information on the Primary Care Secondary Prevention service call: **0330 1330 798** or email [info@inspira-health.co.uk](mailto:info@inspira-health.co.uk)

[www.inspirahealth.co.uk](http://www.inspirahealth.co.uk)

Optimising treatment of cardiovascular disease