

NHS HEALTH CHECK

Helping you prevent

diabetes

heart disease

kidney disease

stroke & dementia

NHS Health Checks



Aged 40-74?
Find out about
our **FREE** NHS
Health Check

Even though you might be feeling great, if you're over forty you may be at risk of heart disease, stroke, kidney disease, diabetes or dementia.

A **FREE** NHS Health Check can help you reduce these risks and make sure that you stay healthy.

Inspira Health is supporting GP Practices to deliver NHS Health Checks across England

The NHS Health Check is a national risk assessment, awareness and management programme for those aged 40 to 74 living in England who do not have an existing vascular condition, and who are not currently being treated for certain risk factors. It is aimed at preventing heart disease, stroke, diabetes and kidney disease.

Inspira Health provide:

Facilitation of patient identification of the selected patient cohort;

Facilitation of NHS Health Checks appointment bookings;

Clinical facilitation of NHS Health Checks;

Collection of NHS Health Checks data and regular feedback of performance.



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If you are interested in receiving support for delivering NHS Health Checks for your practice please: Email: info@inspira-health.co.uk / Call: 0330 1330 798
Or visit: www.inspirahealth.co.uk